

## **MASTER CLASS ON BURNOUT IN HEALTH CARE**

We are happy to announce an exciting Master Class on Burnout in Health Care, which aims to bring together researchers from all around the world, who share the same passion for promotion of well-being and performance in clinical practice. The Master Class will take place in the WELL-Med conference venue, prior the initiation of the conference.

### **Scope**

During the workshop, participants will have the opportunity to learn and discuss, existing evidence, exciting new ideas, and future directions for research, concerning the antecedents and consequences of burnout in health care. In specific during the Master Class, participants will discuss issues concerning the organization, and culture of healthcare organizations, the risk factors for health professional burnout, as well as the link between burnout and patient outcomes. They will also have the opportunity to discuss issues from their own research.

### **Participants**

The workshop is addressed to doctoral and post-doctoral researchers working or interested in the field of burnout in healthcare. There are 20 places available.

### **Outline of the workshop**

<b>Date</b>	18 May 2016
<b>Venue</b>	Porto Carras, Chalkidiki, Greece
<b>09:00-10:00</b>	Introduction and outline of the day <i>Workshop facilitator: Anthony Montgomery</i>
<b>10:00-12:30</b>	Review of research presentations for the afternoon session <i>Workshop facilitator: Anthony Montgomery</i>
<b>12:30-14.00</b>	Lunch*
<b>14.00- 17.00</b>	Presentation of research with feedback <i>Workshop facilitator: Christina Maslach</i>

### Convenors

#### **Christina Maslach, Professor of Psychology, University of California, Berkeley, USA**

Christina Maslach is best known as one of the pioneering researchers on job burnout, and the author of the Maslach Burnout Inventory (MBI), the most widely used research measure in the burnout field. In addition to numerous articles, her books on this topic include *Burnout: The Cost of Caring*; the co-edited volume, *Professional Burnout: Recent Developments in Theory and Research* (with Wilmar Schaufeli); and three publications with Michael Leiter -- *The Truth About Burnout*; *Preventing Burnout and Building Engagement: A Complete Program for Organizational Renewal*; and *Banishing Burnout: Six Strategies for Improving Your Relationship with Work*. The two latest publications are based on Professor Maslach's work as a consultant with various organizations on issues of job burnout. Among Professor Maslach's other honors are the presidency of the Western Psychological Association, the Distinguished Teaching Award and the Social Sciences Service Award from the University of California at Berkeley, and her selection as a Fellow of the American Association for the Advancement of Science (which cited her "For groundbreaking work on the applications of social psychology to contemporary problems") Professor Maslach is currently the Chair of the Academic Senate of Berkeley University.

#### Selected publications by Christina Maslach

Maslach, C., Leiter, M. P., & Jackson, S. E. (2012). Making a significant difference with burnout interventions: Researcher and practitioner collaboration. *Journal of Organizational Behavior*, 33, 296-300.

Maslach, C. (2011). Engagement research: Some thoughts from a burnout perspective. *European Journal of Work and Organizational Psychology*, 20, 47-52.

Maslach, C., & Leiter, M. P. (2008). Early predictors of job burnout and engagement. *Journal of Applied Psychology*, 93, 498-512.

Maslach, C. (2003). Job burnout: New directions in research and intervention. *Current Directions in Psychological Science*, 12, 189-192.

**Anthony Montgomery**, PhD is an Associate Professor in Work and Organisational Psychology, at the University of Macedonia, Thessaloniki, Greece. He has held academic positions at University College Cork (Ireland) and the Royal College of Surgeons in Ireland-Medical University of Bahrain. His areas of research interest include: job stress/burnout, work-family balance and physician health. He is on the editorial board of the *British Journal of Health Psychology*, *Burnout Journal* and the *EHPS Health Psychology Bulletin*. Dr. Montgomery has published over 50 articles in peer-reviewed journals. He is the Head of the Scientific Committee of the ORCAB project, an FP7 funded multi-centre study of hospitals in nine European countries focused on the relationship between organizational culture, job burnout and quality of care.

### Selected Publications by Anthony Montgomery

Panagopoulou, E., Montgomery, A., & Tsiga, E. (2015). Bringing the well being and patient safety research agenda together: why healthy HPs equal safe patients. *Frontiers in Psychology*, 6, 211. doi: 10.3389/fpsyg.2015.0021

Montgomery, A.J. (2014). The inevitability of physician burnout: Implications for interventions. *Burnout Research Journal*, 1, 50-56. doi:10.1016/j.burn.2014.04.002

Montgomery, A., Todorova, I., Baban, A., & Panagopoulou, E. (2013). Improving quality and safety in the hospital: the link between organizational culture, burnout, and quality of care. *British Journal of Health Psychology*, 18(3), 656–662. doi:10.1111/bjhp.12045

Montgomery, A., Panagopoulou, E., Kehoe, I., & Valkanos, E. (2011). Connecting organisational culture and quality of care in the hospital: is job burnout the missing link? *Journal of Health Organization and Management*, 25(1), 108–123.

### Master Class fee and Registration

The cost of the Master Class is 150 euros. Places are strictly limited and allocated on a first-come, first-serve basis. Please complete the Application form to reserve your place. It is not possible to register or pay on site. Participants can register only through the conference website. Registration will be open in **September 2016**.

\*Lunch is not included in the registration fee

Please notice that registration to the Master Class does not imply registration and participation to the Well-med Conference. Master class participants who are interested to participate in the Well-Med conference should register and pay the appropriate fee following the guidelines in Well Med website.

### **Application**

Please fill in the following information and send it to [antmont@uom.gr](mailto:antmont@uom.gr)

Name:

Surname:

Current Affiliation:

Contact email:

Statement for participation: (Please outline in no more than 300 words your reasons for participating in the workshop)